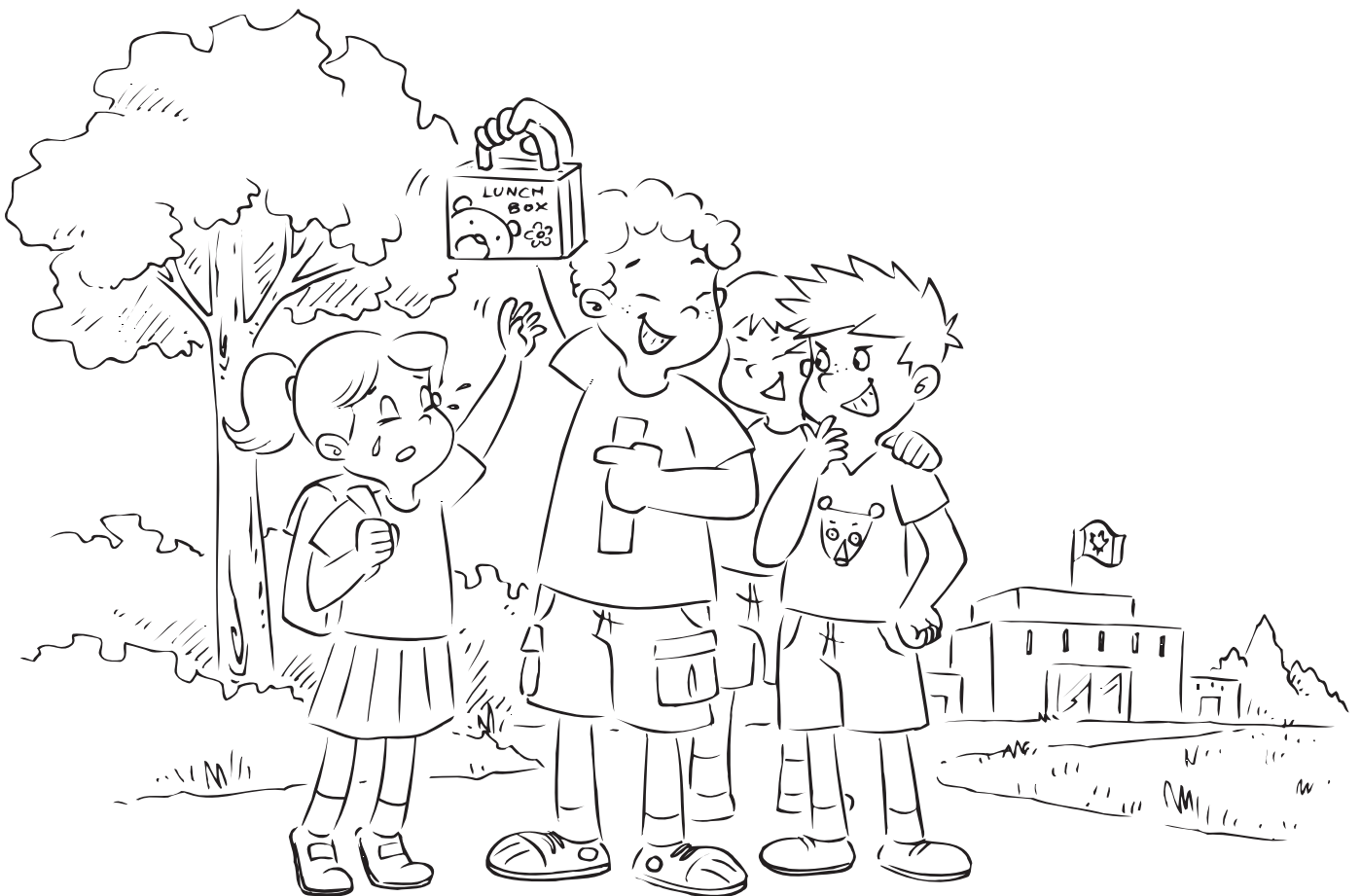


Bullying

Bullying is one person taking his or her aggression out on another, less powerful person. We recognize it easily when bullies pick on their targets again and again. But bullying is not always a repeated act; it can be a one-time occurrence if the bully realizes the victim is not as weak as originally thought, or if the bully is only passing through. Whether bullying happens repeatedly or just once, it is hurtful and scary for the person being bullied.

A bully's aggression can be physical: punching or hurting in any other way, or it can be verbal: talking about a person behind his or her back, or saying mean things to him or her.

A person who bullies another is not being brave or funny or smart. A bully targets a younger or smaller person or someone unlikely or unable to fight back. Bullying is always a cowardly act.



Bullying

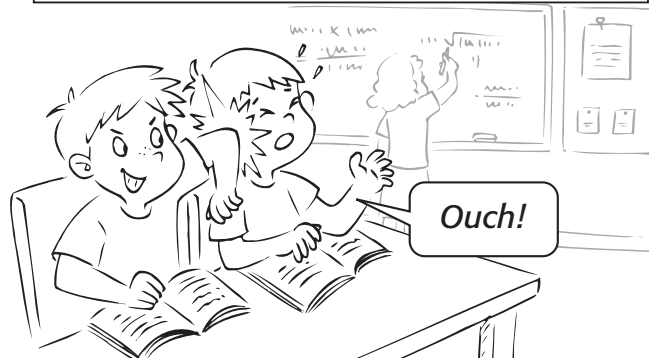
What does bullying look like? Identify each kind of bullying. Write your answer in the box. Then choose one kind and describe a similar situation that you were either a part of or witnessed.

taking someone's belongings
physical aggression
social exclusion
spreading rumours

[Empty box for identifying the type of bullying]



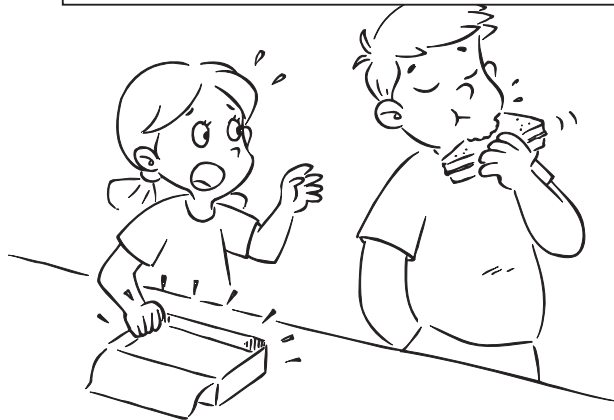
[Empty box for identifying the type of bullying]



[Empty box for identifying the type of bullying]



[Empty box for identifying the type of bullying]



My Experience

[Four horizontal lines for writing a personal experience]

Bullying

Answer the following questions.

1.

Why do you think bullies choose those who are weaker than they are to pick on?



2. Describe a bullying incident you witnessed.

3. At the time, did you recognize it as bullying? If yes, did you report it to a teacher or other authority?

4. Would you recognize or react to bullying any differently today?

Bullying

Write “T” for true or “F” for false for each sentence. Rewrite the five false sentences to make them true.

1. Making a person feel stupid is a form of bullying. _____
2. An act of aggression is only bullying if it is repeated over and over. _____
3. Calling names is not bullying. _____
4. Bullies cannot be stopped. _____
5. Fighting a bully with physical aggression is a good way to deal with bullying. _____
6. Not all teasing is bullying. _____
7. Making a person do something he or she doesn't want to do is a form of bullying. _____
8. An argument a sister and a brother have over the largest slice of pie is bullying. _____

Correcting the Five False Sentences:
